

GETTING STARTED WITH BABYSIGNING



The results of baby signing are so convincing that thousands of people now sign with babies throughout the country. Using British Sign Language, Little Signers Club Communication Development courses show you how to use simple signs to communicate with your baby. We've put together our Top Tips – ideal if you can't get to a class or would like to try out baby signing for yourself. It's recommended that you start signing with your baby from around 5 months.

Little Signers Club Top Tips on how to get started with baby signing

1. Is your baby clapping and waving? Then your baby is definitely ready to begin!
2. Pick a few signs, relevant to your family, that you are happy to do consistently. It's easier to remember and concentrate on 6 or 10 rather than dozens of signs.
3. Always say the word as you sign it
4. Make sure you have eye contact with your baby!
5. Repetition, Repetition – Repetition. The more you sign, the more likely it is that your baby will copy you
6. Is your baby staring at you, laughing at you, getting excited when you sign to them? If so, you can be sure they are taking it all in...
7. Have fun! Babies love to laugh and signing is a great way to engage them.
8. Use simple action rhymes like Wind the Bobbin Up to encourage gross motor skill development

A cartoon illustration of a woman with blonde hair, wearing a red top, signing the word 'Mummy' by double-tapping her middle three fingers on her forehead.	A cartoon illustration of a man with brown hair, wearing a purple top, signing the word 'Daddy' by extending his first and middle fingers on each hand and crossing them over to double tap.	A cartoon illustration of a child with brown hair, wearing a pink hat and a pink top, signing the word 'Milk' by opening and closing one hand into a fist.	A cartoon illustration of a child with dark skin, wearing a purple hat and a purple top, signing the word 'Eat' by extending all fingers and thumb and bringing the tips together in a wedge shape to the mouth.	A cartoon illustration of a woman with blonde hair, wearing a pink top, signing the word 'Bed' by putting her two hands flat, palms together, and tilting her head to rest against the back of her hands.
Mummy Double tap the middle three fingers of one hand on your forehead	Daddy Extend the first and middle fingers on each hand. Cross them over and double tap	Milk Open and close one hand into a fist	Eat Extend all your fingers and thumb and bring all the tips together in a wedge shape to your mouth	Bed Put your two hands flat, palms together and tilt your head to rest against the back of your hands